

SUMMER 2024

NINILCHIK TRADITIONAL COUNCIL NEWSLETTER



The Ninilchik Village Tribe is a federally recognized tribe in Alaska, consisting of approximately 1,000 members. These members can trace their ancestry to Ninilchik tribal lands or are Alaskan Natives and American Indians who have settled within the tribal boundaries and have been accepted for membership. The tribe is governed by the Ninilchik Traditional Council, comprised of five elected council members who serve three-year terms. They oversee tribal operations and uphold sovereignty using Organic Documents approved by the tribal membership.



NTC Board of Directors

Richard “Greg” Encelewski
President/Chairman



William “Dean” Kvasnikoff
Vice President



Whitney Schollenberg
Secretary/Treasurer



Jamie Leman
Director



Eric Kvasnikoff
Director



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**All NTC Offices will be closed on
Monday, September 2nd • Labor Day**

**The next Regular Council
Meeting is scheduled for
Wednesday, August 14th at 10:00am**

**There are three \$100 Door Prize Drawings for NTC
Tribal Members in attendance at each meeting!**

NTC Regular Council Meetings take place at the Administration Office at 15910 Sterling Highway in Ninilchik. Tribal members are invited to attend and are welcome to share comments.

NTC Regular Council meetings are scheduled monthly. Please visit our website at ninilchiktribe-nsn.gov for the latest schedule.

Front cover photo provided by Maria Goins

Back cover photo provided by Brie Wallace

Vintage Ninilchik Village photo provided by Jim Taylor

We would love to use your photos for future newsletters!

Please send them to bwallace@ninilchiktribe-nsn.gov

Executive Director's Address



Happy Summer! I hope the smoke houses and freezers are filled with fish and the gardens are plentiful. Once again, the Cook Inlet eastside commercial setnet season is closed and the educational fishery didn't start until July 1st. The initial educational fishery numbers aren't looking great. On the bright side, our federal subsistence gillnet fishery on the Kasilof River was very productive with 2,722 sockeye salmon harvested for the Ninilchik community. The Resource Department is now moving to the Kenai River. We've received approximately 160 community household permits representing a total of 4,795 fish. With the best initial production to date, we anticipate that the crew will be able to fulfill the remaining permits on the Kenai River.

The work on our Tribal 8(a) company Tuyan, LLC is going very well. Our General Manager Tomia Taylor is doing great work with the Defense Logistics Agency (DLA). We will be moving into our third-year option with the DLA shortly to include expansions to existing task orders. We expect to execute the second-year option with our partner in Great Northern Engineering to support this work as well. With additional staff being hired directly by Tuyan, LLC, it is exciting to see the business grow. We anticipate showing a positive net profit this year.

The Council is continuing to work hard on the cultural heritage center planning. Nikki Graham has been working with NTC and the engineering team to finalize the design. As of July 1st, we have the 95% draft plans, with the final plans slated to be delivered by August 1st. This is very exciting!

This summer we have nine youth working for the Tribe doing summer youth internships. These positions range from working in our Admin department to assisting at the Health and Wellness Club, as well as the Elders program. It is so great to see our youth working and engaging with the Tribe.

As you may be aware, the Kenaitze Indian Tribe partnered with us to form Nił Qenach'delghesh, an intertribal consortium focused on improving broadband internet access for our Tribal Members. Nił Qenach'delghesh is a Dena'ina phrase that means "we talk to each other." Nił Qenach'delghesh received a \$7 million grant from the U.S. Department of Commerce National Telecommunications and Information Administration under the Tribal Broadband Connectivity Program. Nił Qenach'delghesh entered a partnership with SPITwSPOTS Inc., a Kenai Peninsula-based wireless internet service provider, to improve internet access and affordability for Tribal households throughout the Kenai Peninsula Borough. The partnership will provide funding for SPITwSPOTS to upgrade and expand its infrastructure and network. As part of our agreement, SPITwSPOTS will provide free or discounted internet service to Tribal Member households within the SPITwSPOTS service area, which includes much of the central and southern Kenai Peninsula, Seward, and Fairbanks. The benefit is available for the next seven years. More information will be mailed out directly to households in the service area about how to sign up soon.

Greg and I were able to help coordinate and participate in a long overdue Ninilchik indigenous land recognition for the property at Silver Salmon on the west side of Cook Inlet. This land was an aboriginal land selection by Ninilchik Native Association, Inc. (NNAI) in 1972. NNAI leased the property to Cook Inlet Region, Inc., from 1986-2004, however, the federal appellate court ruled in 2004 that NNAI would not have their aboriginal land entitlement fulfilled. Southcentral Foundation (SCF), assisted by the Rasmusen Foundation, led an effort to find a way to keep the camp and land, resulting in a land exchange with the National Park Service, with SCF receiving title in 2007. Recently, SCF leased the camp and property to a new non-profit organization called the Nudlaghi Leadership Institute, in which NNAI now has a seat on the board of directors. After all these years it was inspiring to recognize Ninilchik's history and to properly bless the land for future generations.

In closing, there is a lot to be excited about here at the Tribe. Happy summer and may your fishing be plentiful and blessed! Thank you.

A handwritten signature in black ink, appearing to read "Ivan Z. Encelewski".

Ivan Z. Encelewski, NTC Executive Director



Silver Salmon (Nudlaghi) Indigenous Land Recognition; July 11, 2024

Housing Department

*"The US Constitution doesn't guarantee happiness, only the pursuit of it."
-Ben Franklin*



Hello Ninilchik Tribal Members!

I hope everyone had a wonderful 4th of July and are off to a great Summer! It's been a slow starting one, but overall, the weather has been nice since the end of June. This year, my peas are the winners so far in the garden race, but there is hope for my other items and optimistic that we will have a runner up very soon.

Ninilchik Indian Housing Homeownership Program – NTC

Kelly Emerson, our Procurement Officer, has been instrumental in our latest Homeownership Program home plan upgrades and ideas. She helped in many ways, such as choosing different types of siding colors and materials and modernizing kitchen and bathroom cabinets and vinyl flooring. She also communicated with contractors to find out industry trends and how we could make it easier for them or better for the homeowner. We appreciate the new ideas she brought forward to make these homes a better place to live in for our families. A huge thank you to Kelly for bettering the Homeownership Program along with all the other programs she has helped me with. Kelly is now training Natalia Taeschner to manage the next Homeownership and Modernization/Rehabilitation project.

Homeowner Assistance Fund (HAF) – U.S. Dept. of Treasury

We are still managing the Treasury's Department's Homeowner Assistance Fund, (HAF) so if you know of anyone having problems with their Mortgage and having foreclosure problems send them my way and let's see if we can help save their home. This program may help to resolve problems people are having with their mortgages due to what happened with Covid-19. Additional information can be found on our website or give me a call and let's see if you will fit within the program requirements.

Weatherization Program – NTC

I've been mentioning the Weatherization Program for a while now because it truly offers the best return on investment for your efforts. A little work now can save you a lot of money this winter. With prices unlikely to drop anytime soon, it's a great opportunity to reduce your expenses. Summer is the ideal time to work on your home. The frost has receded, allowing for accurate measurements and easier setup for any necessary ladder work. This is also the perfect time to measure and install skirting on your home, ensuring it reaches the ground instead of just the top of the snow. Skirting helps keep your floors warmer in winter by preventing heat loss through the floor.

Consider what needs to be done to improve your home's efficiency and make a list. Prioritize the projects that will add the most comfort, heating, and energy efficiency. Remember, there is \$2,000 limit for this program, and you will be responsible for the work. You can reapply every five years.

Visit our website to download the application or stop by our office to pick one up.

If you have any questions on any of our Housing programs, please feel free to call, email, or visit us, and we'll help you determine the best course of action for your needs. Until the next newsletter, take care of yourselves and your families, stay healthy, and have a wonderful and safe Labor Day.

Bob

For more information regarding Housing,
please contact Bob at 907-567-3313 or bcrosby@ninilchiktribe-nsn.gov



Classes start October 1st! Tuesdays & Thursdays 10am-12pm

Students must be 3 years old and not yet 5 by September 1st, must be potty trained, and must be able to listen to simple instructions.

NTC's Early Learning Program (ELP) is a preschool program designed to provide pre-elementary children the opportunity to socialize with peers, to learn to participate in group activities, and expose students to age-appropriate activities and knowledge.

ELP is open to the Ninilchik Community; however, we give priority for enrollment to Alaskan Native/American Indian children. Priority is also given to returning students and students who are eligible to enter kindergarten the following fall.

Visit our website or call us for registration information!



It Takes a Village Childcare Center

It Takes a Village is State licensed for up to 24 children, aged 1 week old to 13 years old. We still have some slots available for summer enrollment.

Monday - Friday from 8am to 5pm

Visit our website or call us to request an application or more information!

BIA Higher Education Scholarship Program

Are you planning to pursue your bachelor's degree at an accredited university this fall?

If so, and you are enrolled in the Ninilchik Village Tribe and have unmet financial needs, you may be eligible for a scholarship from NTC!

The deadline to apply is August 12th. Visit our website or call us to request an application or more information!



Visit our website at www.ninilchiktribe-nsn.gov/tribal-services/

For more information on any of these programs, please contact Tribal Services at 907-206-2740

Roaring into the Future

Introducing Your New Clinic Registration Platform:



tigerconnect

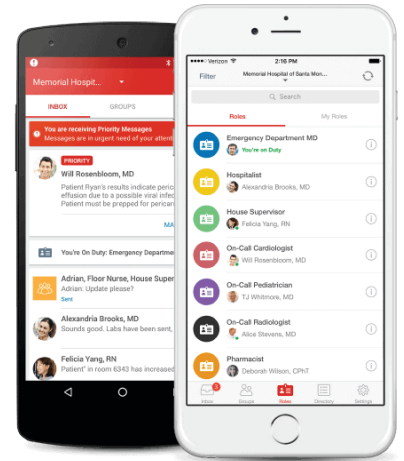
Starting August 1st, we are excited to introduce our new registration platform, TigerConnect, in response to your valuable feedback. We've heard your concerns about the Phreesia registration system and have developed a custom solution to better meet your needs.

With TigerConnect, the Phreesia system will be phased out, and you will no longer need to complete an online registration before each visit. (Woohoo!) Any text messages you receive (with your consent) will be personally sent by our staff through TigerConnect, eliminating unnecessary messaging and ensuring a more personalized experience.

Electronically submittable forms will be available on our website or via text message upon request. These forms include Parental Consent to Treat a Minor, Medical Records Release, Patient Surveys, Specialty Service Intake forms, and many more. For those who prefer, hard copy forms will still be available in the office upon request.

We are confident that these changes will enhance your experience with our clinic, and we look forward to hearing your feedback on our optimized processes. Thank you for your input and continued support.

Jennifer Day,
Tribal Health Support Manager



Ninilchik Clinic
15765 Kingsley Rd • 907-567-3970
Monday - Friday 9am to 5pm

Anchor Point Clinic
33880 Sterling Hwy • 907-206-2733
Monday - Thursday 9am to 7pm

Homer Clinic
4047 Bartlett St • 907-206-2730
Monday - Friday 9am to 5pm

Diabetes Care & Prevention

Diabetes is a significant and growing health issue in America, affecting over 34 million people, or approximately 10.5% of the population. The prevalence of diabetes has increased dramatically over the past few decades in America, driven by factors such as rising obesity rates, sedentary lifestyles, and an aging population. Effective management and prevention strategies, including lifestyle changes, regular screenings, and medical intervention, are essential to address this public health challenge.

Call our clinics today to schedule an appointment for your diabetes care or pre-diabetes screenings. Read on for info from the IHS Division of Diabetes and Prevention.

For more information regarding the Health Department, please contact Janet at 907-567-3370 or jmullen@ninilchiktribe-nsn.gov

Diabetes Basics

■ What is diabetes?

Diabetes means your blood sugar is too high. Your blood always has some sugar in it. Your body needs sugar for energy to keep you going. But too much sugar in the blood is not good for your health.

■ What is pre-diabetes?

Pre-diabetes means your blood sugar levels are higher than normal but not high enough for diabetes.

- People with pre-diabetes are at higher risk for getting type 2 diabetes and heart disease.
- You can reduce your risk of getting diabetes. You may even be able to have normal blood sugar levels again! This may happen if you lose a small amount of weight by eating healthy and being more physically active.

■ What is type 2 diabetes?

People get type 2 diabetes because the cells in their muscles, liver, and fat do not use insulin properly. Over time, the body also cannot make enough insulin. This leads to high blood sugar. Having high blood sugar for some time can lead to serious problems with your eyes, heart, kidneys and nerves.

Type 2 diabetes is the most common type in American Indian and Alaska Native people. This type of diabetes can happen at any age, even in children.

■ What factors increase my risk for getting pre-diabetes and type 2 diabetes?

- Being physically inactive
- Having a parent, brother or sister with diabetes
- Having had the kind of diabetes which can happen during pregnancy
- Being overweight

Diabetes Basics

■ What are the signs of type 2 diabetes?

- Signs can be severe, very mild or none at all. This depends on how high blood sugars have become. Look for these signs:
 - Increased thirst
 - Increased hunger
 - Fatigue (feeling very tired most of the time)
 - Increased urination
 - Unexplained weight loss
 - Blurred vision
- A blood test to check your blood sugar will show if you have pre-diabetes or diabetes.

■ Can type 2 diabetes be managed?

Yes. Taking care of your diabetes every day will help keep your blood sugar in a healthy range. It will help you prevent health problems that diabetes can cause over the years.

■ Where can I get help with pre-diabetes and diabetes?

- Your health care team (doctor, nurse, diabetes educator, dietitian, psychologist, fitness coach, social worker) can help you.
- Talk with them about diabetes. They can help you make a physical activity and healthy eating plan that will work for you. Many people also need medication to treat diabetes.
- Get help from others. Talk with your family and friends and ask for support.

Diabetes Information for You and Your Family

How To Walk Farther and Faster

Why walk more?

You are already walking and that's great! By walking more, you are taking steps to stay healthy and live longer so you can:

- Be there for your children, grandchildren, and other family members.
- Be an active and helpful member of your community.
- Serve as an Elder and share your wisdom.

How much do you need to walk?

To take care of your diabetes, build up to walking at least 30 minutes on most days of the week. Keep track of the number of minutes you walk each day.

- If you cannot walk 30 minutes all at once, try walking 3 times a day for 10 minutes.
- Listen to your body. Some days you may feel like you can walk longer. Other days you may need to take it easier.
- Keep up a good pace. A good pace is when you can talk while you walk without running out of breath. If you can sing while you walk, you may want to walk faster.
- Try to walk a little farther and faster each week.

How do you keep going?

- Choose the days and times that you are most likely to walk. Some people set aside the same time every day for their walks.
- Walk when you have the most energy or when the weather is the nicest.



“Walking with a group of friends or family is a great way to stay on track.”

Katie Wilson (right), Choctaw/Creek Tribes, Oklahoma

- Make it family time with your children or grandchildren.
- Walk with friends. Find a walking partner or two. Laugh and have fun.

What if you have health concerns?

- Check with your health care provider about your plan to walk more. Talk about any pain you have when you walk.
- If you have chest pain, nausea, or shortness of breath, these may be signs of a serious health problem. Call a health care provider right away.

Health Department



How To Walk Farther and Faster

What if you miss a few days?

If you miss a few days of walking, don't be hard on yourself or give up. Things happen in life.

- **Are you stressed or too busy?**
Set aside time to take a few short walks.
- **Do you feel sore?**
Stretching can help you move and feel better.
- **Is the weather bad?**
Walk indoors—in your home, at a store, or at a wellness center.

Start back up when you can. Build slowly toward your goal.

How can you protect your feet?

- Wear shoes that fit well and that cushion and support your feet.
- Avoid wearing shoes that rub your feet, toes, or heels.
- Wear a clean pair of socks that are not too tight and that keep your feet dry.
- Check your feet every day for blisters, sores, redness, or swelling. If you find any of these, call your health care provider right away.

What are some safety tips?

- Choose a safe place to walk.
- Take a cell phone with you.
- Take water with you.
- Take glucose tablets or a few pieces of sugar-sweetened hard candy in case your blood sugar gets low.

Walk your way to a healthy future!

By walking, you are taking care of your diabetes so you can be there for your family and your community.



“I walk during the middle of my day. Walking gives me energy. It helps get rid of stress so I feel better.”

*Carmela Ramirez,
Kickapoo Tribe,
Oklahoma*

I will take these steps to keep walking or walk more:

See *How To Get Started Walking* for tips on beginning a walking program. Go to www.ihs.gov/diabetes and search **walking** in the upper right corner of webpage.

Elders Outreach Program



We've got logo stickers!
Let us know if you'd like any.

The Elders Outreach Program offers lunch at the Subsistence Building every Monday.

The **luncheon** is typically provided even on holidays when the other NTC offices are closed. However, please be aware of scheduled closures. The luncheons served at **noon** coming up for the following months are:

Mondays in July: 1st, 8th, 15th, 22nd & 29th

Mondays in August: 5th, 12th, 19th, & 26th

Mondays in September: 2nd, 9th, 16th, 23rd, & 30th

The Elders Outreach Program's Luncheon exists to serve as a social space for Enrolled Tribal Elders to gather, share, and visit. Elders are encouraged, if they would like, to bring a guest, family or be accompanied by a caregiver. There is a suggested donation box at the back for this purpose. While it is a provided luncheon for Enrolled Tribal Elders to attend, it also serves many homebound Enrolled Tribal Elders who cannot drive or have other needs that prevent them from attending. The luncheon is also for these Elders, and we ask that all be mindful of others who are not able to attend, as any additional food will be provided and delivered to their homes.

We'd like to extend a heartfelt THANK YOU to CIRI for their generous additional funds for the Elders Program. With continued support like this, we can grow and better serve the Elders in our area. A special thank you to Ivan Encelewski and CIRI for working together to find ways to support our Elders Program. It's through the dedication of our leaders that we continue to thrive!

With the LFPA Plus Grant, we've been able to purchase local foods and process proteins into smaller, more manageable portions for delivery to our Elders and Tribal Members. This funding will allow us to continue buying local foods for the next two years, directly supporting local farmers, producers, and agriculturists.

We've also been processing Sockeye salmon for Elders in our community who have obtained subsistence permits from the Kasilof and Kenai fishery. We appreciate the opportunity to assist you with your needs. This effort requires significant work and time from our Resource department team, and we greatly value their commitment to supporting our community's primary interests. Processing large quantities of salmon can be challenging for Elders and those needing extra support or freezer space, so thank you for reaching out and allowing us to help.

We are more than happy to help with clinic/behavioral health appointments, grocery, and prescriptions as well as airport rides for your ANMC trips and other needed travel. Should you have additional needs, we have an open-door policy and are generally more than happy to help with most all paperwork, finding resources and connecting you with the services you are seeking. If you are interested, please call, email, or just come out and be a part of the program!

For more information regarding the Elders Outreach Program,
please contact Tiffany at 907-567-3313 or tstonecipher@ninilchiktribe-nsn.gov

Elders Outreach Program

Craft Wednesdays

Elders Crafting launched in February of this year, offering a variety of classes such as rag rugs, Eskimo yo-yos, jewelry making, beading, moccasins, fish skin tanning, shadow boxes, aprons, and other textiles and art pieces.

This program has been highly anticipated by and well attended by Elders, with classes consistently reaching capacity each week. We are thrilled to provide Elders with the opportunity to share their crafts, socialize, and enhance their spiritual wellbeing. For more information or if you're interested in participating, please contact us or stop by. **Craft Wednesdays from 2pm to 5pm** for the following months are:

Wednesdays in July: 3rd, 10th, 17th, 24th, & 31st

Wednesdays in August: 7th, 14th, & 21st

Wednesdays in September: 4th, 11th, 18th & 25th

**** No Craft Wednesday on August 28th ****



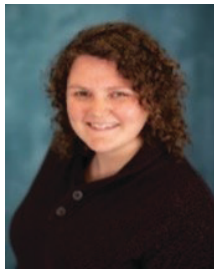
Subsistence Fishery | NTC Resource

NTC is fishing subsistence nets, and Elders bring us their fantastic sockeye to process. Big Shout out to the NTC Resource Team for all their work and time spent on this!



Crafting Highlight

Pat Oskolkoff created this beautiful shadow box of Minor Oskolkoff with fish in the net made from salmon skin and with a shovel in his hand!



Warm regards,
Tiffany, Elders Outreach Program Coordinator
Jessica, Elders Outreach Program Assistant

Elders Outreach Program Mission Statement

Providing services to Elders (55+) in our tribal boundaries that enhance quality of life, integrity of heritage, emblematic of respect and dignity, continuously promoting independent living while simultaneously capturing the history and traditions of our culture.

For more information regarding the Elders Outreach Program, please contact Tiffany at 907-567-3313 or tstonecipher@niniichiktribe-nsn.gov

Youth Outreach Program

Youth Outreach Program

is anchored in education and prevention. Studies consistently show that the negative cognitive, behavioral, and social impacts of growing up in adversity can be reversed by youth participating in prevention programs and having a relationship with a mentor. Our goal is to provide safe, alternative activities to youth where they can develop their interpersonal and character skills in order to have a brighter future. As indicated in extensive research, investing in our youth is the best possible investment we could make in the future development and success of our community.

Vision

Where healthy lifestyles provide safe environments for families, promote resilience among youth, and facilitate support from community members and leadership.

Mission

To promote safe and healthy environments that foster development through early intervention and education focusing on substance use prevention and suicide prevention.

Summer YOP

The Youth Outreach Program's summer activities for youth entering 7th grade and up are designed to enrich their lives through educational, fun, and unique experiences every Tuesday and Thursday. Coming up, we have an exciting writing workshop with local teacher James Dial, a four-day fish camp with two overnights at Spirit Lake, and a hike on Harding Icefield to wrap up the summer before school starts on August 21st. In addition, we offer Native Youth Olympics (NYO) on Wednesdays and Teen Center activities on Fridays, ensuring a well-rounded, engaging summer for all participants.

Katie, Rick, and Danielle work tirelessly to engage youth in our community year-round. For questions on any of these activities, please contact Rick Dunaway at 907.690.2331.



For more information regarding the Youth Outreach Program, please contact Rick at 907-690-2331 or rdunaway@niniichiktribe-nsn.gov



Youth Outreach Program

YELP Trip :: K'beq Interpretive Site Tour & Russian River Falls



For more information regarding the Youth Outreach Program, please contact Rick at 907-690-2331 or rdunaway@ninilichiktribe-nsn.gov

YELP Trip :: Creatures of the Dock | Center for Alaskan Coastal Studies



YELP Trip :: Kasilof Museum Scavenger Hunt



For more information regarding the Youth Outreach Program, please contact Rick at 907-690-2331 or rdunaway@niniichiktribe-nsn.gov

Youth Outreach Program

Studies in Homer



For more information regarding the Youth Outreach Program, please contact Rick at 907-690-2331 or rdunaway@ninilchiktribe-nsn.gov

YELP Trip :: Exit Glacier Hike



For more information regarding the Youth Outreach Program, please contact Rick at 907-690-2331 or rdunaway@niniichiktribe-nsn.gov

Health Club



Summer Yoga Flexibility

Summer is a time for adventure and travel, and both of our yoga instructors, Kc and Elise, will be taking some time off from July 22nd through August 8th. But don't worry, we have some wonderful news!

We are thrilled to welcome our guest instructor, **Michelle Leffingwell**, who will be stepping in during this period. Michelle has been working at the front desk for years, and we are excited for her to bring her unique style and energy to our classes.

Please note the following changes during this time:

- **No Chair Yoga Classes**
- **In-Person Classes Only | No Online Classes**

Schedule for 7/22 - 8/8

- Monday: Renew & Restore @ 10:15**
- Tuesday: Vinyasa @ 10:15**
- Wednesday: Twist Twist Untwist @ 10:15**
- Thursday: Hatha @ 10:15**

Spotted in the Wild!

We're so stoked to see our unique shirt designs out in the world, especially when you're doing epic things!

If you're rocking our Club gear, please share your photos with us! We'd love to feature them (with your permission, of course) and celebrate your amazing moments.

Right: Amy & Sierra Anderson celebrate their Appalachian Trail trek to the top of Mount Washington in New Hampshire



Alaska Food Hub

95% of Alaska's food is currently imported. Purchasing local food supports local farms, increases our region's food security, protects the environment, creates jobs, and boosts the local economy.

Order and pay for only what you want! Ordering opens Fridays at noon and closes Mondays at 10pm. Then delivered to the Health Club on Wednesdays!!

www.alaskafoodhub.org



Get Fit with Tammy Z

Whether you're looking to lose weight, build muscle, or improve your overall health and wellness, Tammy has the knowledge and expertise to guide you every step of the way. Her positive energy and motivational coaching style will inspire you to push past your limits and achieve results you never thought possible.

Discover a healthier, stronger version of yourself!

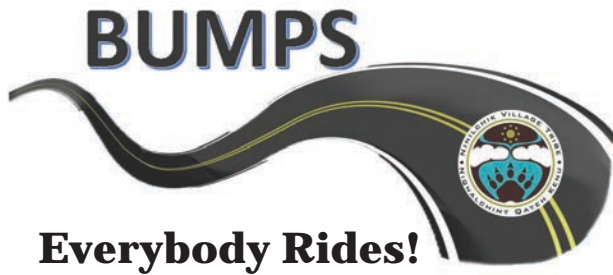
TRIBAL MEMBERS :: 2 sessions/week FREE!

- 30 minute sessions | \$30 or 5 for \$125**
- 60 minute sessions | \$50 or 5 for \$225**

Call or text to schedule a session 907.252.5115

For more information regarding the Ninilchik Health Club, please contact Brie at 907-567-3455 or hwc@ninilchiktribe-nsn.gov

BUMPS & Cheeky Moose



Round Trip • \$10
One-Way • \$7

Mondays, Wednesdays, & Fridays

Please call for pickup at Happy Valley, Anchor Point, Clam Gulch, & Kasilof
907-567-3815

Red North (Red Line)		Blue South (Blue Line)	
Ninilchik (NTC Resource Building)	9:00am	Kenai (Walmart/Airport)	1:00pm
Happy Valley (HV Store)		Soldotna (Fred Meyer)	1:30pm
Anchor Point (Cheeky Moose)		Kasilof (Post Office)	
Homer (Safeway)	9:45am	Clam Gulch (Post Office)	
Anchor Point (Cheeky Moose)		Ninilchik (NTC Resource Building)	2:30pm
Happy Valley (HV Store)		Happy Valley (HV Store)	
Ninilchik (NTC Resource Building)	10:30am	Anchor Point (Cheeky Moose)	
Clam Gulch (Post Office)		Homer (Safeway)	3:15pm
Kasilof (Post Office)		Anchor Point (Cheeky Moose)	
Soldotna (Fred Meyer)	11:30am	Happy Valley (HV Store)	
Kenai (Walmart/Airport)	12:00pm	Ninilchik (NTC Resource Building)	4:00pm

Schedule may change due to weather. Please call for updates. Bus does not run on Federally Recognized holidays.

The Cheeky Moose

- Laundromat • Showers • Tanning • Espresso

Open Friday - Wednesday
8am to 9pm
Closed Thursdays

Deli is Now Open!
 Memorial Day thru Labor Day

33930 Sterling Highway
Anchor Point, Alaska
907-235-5900



For more information regarding BUMPS, please call 907-567-3815
 For information regarding The Cheeky Moose, please call 907-235-5900

Events Calendar

JULY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 Yoga HWC 10:15 YELP Activity	3 Yoga HWC 9:30 & 10:15 NO NYO EOP Crafts 2-5	4 NTC Closed for Independence Day	5 YOP Teen Night	6 Ninilchik Rodeo
7 Ninilchik Rodeo	8 EOP Lunch 12-1 Yoga HWC 10:15 YOP Field Trip	9 Yoga HWC 10:15 YELP TC 12-5	10 Yoga HWC 9:30 & 10:15 NYO 3-5 Kuspuk Wkshp EOP Crafts 2-5	11 Yoga HWC 10:15 Kuspuk Workshop	12 YOP Teen Night Kuspuk Workshop	13
14	15 EOP Lunch 12-1 Yoga HWC 10:15	16 Yoga HWC 10:15 YELP Activity	17 Yoga HWC 9:30 & 10:15 NYO 3-5 EOP Crafts 2-5	18 Yoga HWC 10:15 YOP Activity	19 YOP Teen Night	20
21	22 EOP Lunch 12-1 Yoga HWC 10:15 Writing Workshop with James Dial	23 Yoga HWC 10:15 Writing Workshop with James Dial	24 Yoga HWC 10:15 NO Chair Yoga NYO 3-5 EOP Crafts 2-5	25 Yoga HWC 10:15 YELP Activity	26 YOP Teen Night	27
28	29 EOP Lunch 12-1 YOP Fish Camp-	30 Yoga HWC 10:15 -----	31 Yoga HWC 10:15 NO Chair Yoga ----- >		EOP: Elders Outreach Program HWC: Health & Wellness Club YOP: Youth Outreach Program NYO: Native Youth Olympics	

Events Calendar

AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
EOP: Elders Outreach Program HWC: Health & Wellness Club YOP: Youth Outreach Program NYO: Native Youth Olympics				1 Yoga HWC 10:15 - > Last Day of Fish Camp	2 NO Teen Center	3
4	5 EOP Lunch 12-1 Yoga HWC 10:15	6 Yoga HWC 10:15 YELP Activity	7 Yoga HWC 10:15 NO Chair Yoga NYO 3-5 EOP Crafts 2-5	8 Yoga HWC 10:15 YELP Activity	9 NO Teen Center Kenai Peninsula Fair!	10 Kenai Peninsula Fair!
11 Kenai Peninsula Fair!	12 EOP Lunch 12-1 Yoga HWC 10:15	13 Yoga HWC 10:15 YELP Activity	14 Yoga HWC NTC RCM 10a NTC Admin NYO 3-5 EOP Crafts 2-5	15 Yoga HWC 10:15 YELP Activity	16 Teen Center 12-5	17
18	19 EOP Lunch 12-1 Yoga HWC 10:15	20 Yoga HWC 10:15	21 Yoga HWC 9:30 & 10:15 School Starts! EOP Crafts 2-5	22 Yoga HWC 10:15	23 Teen Night 3:30-8:30	24
25 YOP School Schedule TBD	26 EOP Lunch 12-1 Yoga HWC 10:15	27 Yoga HWC 10:15	28 Yoga HWC 9:30 & 10:15 NO EOP Crafts	29 Yoga HWC 10:15	30	31

Events Calendar

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1 YOP School Schedule TBD	2 EOP Lunch 12-1 NTC Closed for Labor Day	3 Yoga HWC 10:15	4 Yoga HWC 9:30 & 10:15 EOP Crafts 2-5	5 Yoga HWC 10:15	6	7
8	9 EOP Lunch 12-1 Yoga HWC 10:15	10 Yoga HWC 10:15	11 Yoga HWC 9:30 & 10:15 EOP Crafts 2-5	12 Yoga HWC 10:15	13	14
15	16 EOP Lunch 12-1 Yoga HWC 10:15	17 Yoga HWC 10:15	18 Yoga HWC 9:30 & 10:15 EOP Crafts 2-5	19 Yoga HWC 10:15	20	21
22	23 EOP Lunch 12-1 Yoga HWC 10:15	24 Yoga HWC 10:15	25 Yoga HWC 9:30 & 10:15 EOP Crafts 2-5	26 Yoga HWC 10:15	27	28
29	30 EOP Lunch 12-1 Yoga HWC 10:15				EOP: Elders Outreach Program HWC: Health & Wellness Club YOP: Youth Outreach Program	

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Enrollment and Contact Information Updates

For address updates, new tribal ID card requests, or any enrollment questions, please contact the NTC Tribal Services Department at 907.206.2740

For address updates from the general public, please contact the NTC Administrative Office at 907.567.3313