



NTC COMMUNITY CLINICS

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Steps to Create a Portal Account

****IMPORTANT: If you do not use an invitation email to sign-up with FMH, your NTCCC records will not be present in your portal account. You must receive an email with a link for your account to be connected with us.****

- Go to your e-mail inbox and find the **FollowMyHealth** email. Open the “**Click here**” link in the e-mail. A new page will pop up instructing you to set up your online patient portal account.
- Click **Create an Account** and select the account login method (**FMH**)
- **Create a username**, such as your first and last name, or something easy to remember.
- **Create a password** you will remember which must be at least **8** characters, including a number and a special character (*such as Sandy!99*)
- **Confirm** your password and email address.
- After successfully creating an account, **log into the patient portal**
- **Follow instructions** to complete the set up. When prompted for your invite code, enter your four-digit **YEAR OF BIRTH**.

Helpful Info

- After you have created your account, you can access the portal anytime by going to followmyhealth.com and clicking login.
- If you forget your username or password, you can request recovery from the FMH login page.

Ninilchik

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Anchor Point

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Homer

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